

# Practice Journal

Week Starting: Monday \_\_\_/\_\_\_/200\_

Student Name: \_\_\_\_\_

Goals:

- 1
- 2
- 3
- 4

Monday Fundamentals or Excerpts Practiced	Goals applied (1-4)	Goals Achieved (y/n)
1		
2		
3		
4		
5		
Tuesday Fundamentals or Excerpts Practiced	Goals applied (1-4)	Goals Achieved (y/n)
1		
2		
3		
4		
5		
Wednesday Fundamentals or Excerpts Practiced	Goals applied (1-4)	Goals Achieved (y/n)
1		
2		
3		
4		
5		
Thursday Fundamentals or Excerpts Practiced	Goals applied (1-4)	Goals Achieved (y/n)
1		
2		
3		
4		
5		
Friday Fundamentals or Excerpts Practiced	Goals applied (1-4)	Goals Achieved (y/n)
1		
2		
3		
4		
5		
Saturday Fundamentals or Excerpts Practiced	Goals applied (1-4)	Goals Achieved (y/n)
1		
2		
3		
4		
5		
Sunday Fundamentals or Excerpts Practiced	Goals applied (1-4)	Goals Achieved (y/n)
1		
2		
3		
4		
5		