

Practice Journal

Week Starting: Monday ___ / ___ /201__

Student Name: _____

Goals:

1

2

3

4

Monday Fundamentals or Excerpts Practiced

Goals applied (1-4)

Goals Achieved (y/n)

1

2

3

4

5

Tuesday Fundamentals or Excerpts Practiced

Goals applied (1-4)

Goals Achieved (y/n)

1

2

3

4

5

Wednesday Fundamentals or Excerpts Practiced

Goals applied (1-4)

Goals Achieved (y/n)

1

2

3

4

5

Thursday Fundamentals or Excerpts Practiced

Goals applied (1-4)

Goals Achieved (y/n)

1

2

3

4

5

Friday Fundamentals or Excerpts Practiced

Goals applied (1-4)

Goals Achieved (y/n)

1

2

3

4

5

Saturday Fundamentals or Excerpts Practiced

Goals applied (1-4)

Goals Achieved (y/n)

1

2

3

4

5

Sunday Fundamentals or Excerpts Practiced

Goals applied (1-4)

Goals Achieved (y/n)

1

2

3

4

5